

# RE – World Religion – Hinduism (Year 4)

## Learning Objective:

To understand what Sanatanis believe helps them lead a good life and how practices connected to the River Ganges guide their choices.

## Questions we have previously explored:

- What does it mean to live a good life?
- How do people make choices that affect themselves and others?
- Why do different religions have teachings to help guide behaviour?

## Our new key question:

-What is the best way for a Sanatani to lead a good life?

## Key Facts:

Sanatanis believe the River Ganges is sacred and spiritually pure. Many believe that taking part in rituals on the riverbank or in the water can wash away impurity. Ancient scriptures, called the Puranas, teach that bathing in the Ganges can bring blessings. Some Sanatanis believe that visiting or remembering holy places helps them on their spiritual journey. The river is also an important place for ceremonies connected to death and the next life.

## Key Vocabulary:

**Ganges** – A sacred river in India that is very important in Sanatani beliefs.  
**Puranas** – Ancient Sanatani scriptures.  
**Samsara** – The cycle of life, death and rebirth.  
**Moksha** – Freedom from the cycle of Samsara; spiritual liberation.

## How this connects to our learning:

- pilgrimage and special places from earlier learning
- Knowledge that we've learned about the cycle of Samsara, karma and rebirth.
- This builds on previous RE enquiries exploring how beliefs shape actions.

## Questions to think about:

What helps me try to live a good life?  
Why might visiting or remembering a special place help someone behave in a positive way?  
Do people need to travel somewhere special to feel connected to their beliefs?  
What choices could help someone become the best version of themselves?