Menu Nutritional Analysis for Sparkle Spectacular Primary Theme Day Nov 26

Filter

Dishes 8 of 8	Weight (g)	Energy (kcal)	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Fibre (g)	Salt (g)
Sparkle Spectacular Primary Theme Day Nov 26 \ Sparkle Spectacular Primary Theme Day Nov 26 Bonfire Banger Hot Dog Baguette, Wedges, Smoky BBQ Baked Beans KS1 - Aspens Services	288	383 19.2%	7.7 11.0%	2.6 13.1%	62.1 23.9%	8.2 9.1%	14.8 29.6%	6.4 -	2.2 36.4%
Sparkle Spectacular Primary Theme Day Nov 26 \ Sparkle Spectacular Primary Theme Day Nov 26 Halal Bonfire Banger Hot Dog Baguette, Wedges, Smoky BBQ Baked Beans KS1 - Aspens Services	288	359 18.0%	5.8 8.3%	1.6 8.2%	62.5 24.0%	8.1 9.0%	13.6 27.2%	6.2 -	2.0 32.6%
Sparkle Spectacular Primary Theme Day Nov 26 \ Sparkle Spectacular Primary Theme Day Nov 26 Quorn Bonfire Banger Hot Dog Baguette, Wedges, Smoky BBQ Baked Beans KS1 - Aspens Services	281	328 16.4%	3.3 4.8%	1.0 5.1%	54.3 20.9%	7.5 8.4%	17.7 35.4%	7.7 -	1.5 24.9%
Sparkle Spectacular Primary Theme Day Nov 26 \ Sparkle Spectacular Primary Theme Day Nov 26 Quorn Bonfire Banger Hot Dog Baguette, Wedges, Smoky BBQ Baked Beans KS2 - Aspens Services	333	370 18.5%	3.5 5.0%	1.0 5.2%	62.5 24.0%	8.8 9.8%	19.3 38.6%	9.1 -	1.6 27.3%
Sparkle Spectacular Primary Theme Day Nov 26 \ Sparkle Spectacular Primary Theme Day Nov 26 Halal Bonfire Banger Hot Dog Baguette, Wedges, Smoky BBQ Baked Beans KS2 - Aspens Services	340	401 20.0%	6.0 8.5%	1.7 8.3%	70.7 27.2%	9.4 10.4%	15.2 30.5%	7.7 -	2.1 35.0%
Sparkle Spectacular Primary Theme Day Nov 26 \ Sparkle Spectacular Primary Theme Day Nov 26 Bonfire Banger Hot Dog Baguette, Wedges, Smoky BBQ Baked Beans KS2 - Aspens Services	358	443 22.2%	8.9 12.7%	2.8 14.2%	68.8 26.4%	9.7 10.7%	19.9 39.8%	8.3 -	3.0 50.4%
Sparkle Spectacular Primary Theme Day Nov 26 \ Sparkle Spectacular Primary Theme Day Nov 26 Toffee Apple Sponge & Custard KS1 - Aspens Services	145	234 11.7%	11.0 15.7%	6.1 30.7%	28.6 11.0%	19.5 21.6%	4.5 9.0%	0.5 -	0.2 3.5%
Sparkle Spectacular Primary Theme Day Nov 26 \ Sparkle Spectacular Primary Theme Day Nov 26 Toffee Apple Sponge & Custard KS2 - Aspens Services	154	262 13.1%	12.6 18.0%	7.0 35.2%	31.5 12.1%	21.4 23.8%	4.8 9.6%	0.6 -	0.2 3.8%